

Cape Verde



Sample itinerary

Cape Verde

Santa Maria - São Nicolau

10 Days / 9 Nights



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Introduction

Accommodation	Destination	Basis	Duration
Mudeira Village Apartment	Santa Maria	B&B	1 Night
Cacimba Sunset Lodge	São Nicolau	B&B	7 Nights
Mudeira Village Apartment	Santa Maria	B&B	1 Night

Key

B&B: Bed and Breakfast

Day 1: 1 night at the Mudeira Village apartment in a twin share room and airport transfers

Day 2-9: Cacimba Sunset Lodge, São Nicolau

São Nicolau

Set off the coast of Senegal, São Nicolau is one of the magnificent islands that make up the Cape Verde Archipelago. Largely untouched by development and tourism, this laidback island features dramatic scenery comprised of steep mountains and lush verdant valleys. This scenic destination draws hikers from around the world. São Nicolau is home to the rare and endangered 'Dragon Tree', also known as 'Dragoeiro', which are scattered around the island. Visitors can look forward to a wonderful array of attractions including: exploring the Portuguese colonial history in the island's capital, Ribeira Brava; and visit Preguica, a picturesque fishing port, and discover the Nossa Senhora do Monte Sentinha chapel in the mountain village of Cachaco. Popular activities include: hiking, mountain biking, bird watching and fishing. And, of course, scuba diving and snorkelling.

Overnight: Cacimba Sunset Lodge

Cacimba Sunset Lodge is nestled in the tranquil coastal village of Tarrafal de São Nicolau, Cape Verde. The lodge features spacious rooms with modern amenities such as air conditioning, mini fridges, and Wi-Fi access. The lodge offers daily continental breakfasts, an outdoor plunge pool, and proximity to the city centre. Nearby attractions include Tarrafal's serene beach, ideal for swimming and surfing, along with exploring the scenic coastal trails.



Basis

Bed and Breakfast

Day 9: **1 night at the Mudeira Village apartment in a twin share room and airport transfers**

Day 10: **End of Itinerary**

Basis

Bed and Breakfast

Transport

Flight Information

Date	Flight	Airline	Departure Airport	Time	Arrival Airport	Time	Class	Ref
	8995 (Scheduled)	EasyJet [U2]	Gatwick Airport [LGW]	09:35	Amilcar Cabral International Airport [SID]	13:45		
	Scheduled		Amilcar Cabral International Airport [SID]		São Nicolau Airport [SNE]			
	Scheduled		São Nicolau Airport [SNE]		Amilcar Cabral International Airport [SID]			
	8996 (Scheduled)		Amilcar Cabral International Airport [SID]		Gatwick Airport [LGW]	15.20		

Transfers

Date	Company	Pick Up	Drop Off	Time	Vehicle
		Amilcar Cabral International Airport [SID]	Mudeira Village Apartment		Transfer
		Mudeira Village Apartment	Amilcar Cabral International Airport [SID]		Transfer
		São Nicolau Airport [SNE]	Cacimba Sunset Lodge		Transfer
		Cacimba Sunset Lodge	São Nicolau Airport [SNE]		Transfer
		Amilcar Cabral International Airport [SID]	Mudeira Village Apartment		Transfer
		Mudeira Village Apartment	Amilcar Cabral International Airport [SID]		Transfer

Travel Information



Comprised of nine inhabited islands; one uninhabited island and eight islets, the idyllic holiday getaway of Cape Verde offers a smorgasbord of attractions to thrill even the most jaded of travellers. The islands are blessed with stunning beaches lapped by azure waters as well as lush mountainous areas providing ample opportunities for adventurous outdoor activities including, among others: kite surfing, jet skiing, canyoning and hiking. Culture lovers are also well catered for with plenty of interesting art, music, colonial architecture, lively markets, and delicious local cuisine on offer in the bustling cultural capital of Mindelo. From the UNESCO world heritage site of the old fort of Santiago to the vast remote beaches of Boa Vista, this diverse archipelago truly does have something to satisfy each and every visitor.

Banking and Currency

Currency:

Local currency: Cape Verde Escudo

Symbol: CVE

ISO code: CPV

Subunit: Cent

Banknotes: CVE5000, 2000, 1000, 500

Coins: CVE200, 100, 50, 20, 10, 5, 1

Banking:

Card Transactions:

ATMs: Yes in towns

Mastercard: sometimes

Visa: sometimes

American Express: sometimes

Diner's club: sometimes

Banking Hours:

Weekdays: 08h00 - 16h30

Weekends: differs between banks

Public Holidays: No

Foreign exchange services: Yes at airport and banks

Travel, Transport and Getting Around

Air:

Main airlines: Cabo Verde Airlines

International Airports: Cesaria Evora International Airport, Amilcar Cabral International Airport, Praia International Airport

Road:

Tar roads: Yes

Gravel roads: Yes

Valid International Driver's License needed: Yes. Drivers are also required to exhibit proof of insurance on the windshield.

Car hire available: Yes

Taxis: Yes

Uber available: In some bigger cities

Bus:

Inter-city bus services: No

Local city bus networks: No

Rail:

Railway system: No

Subway System: No

Water:

Ferries: Yes

Water taxis: Yes

Leisure cruises: Yes

Food, Drink and Cuisine Advice**Food and water safety:**

Can you drink the tap water: No

Fresh fruit and veg: No

Ice: No

Meat: Yes, if well cooked

Street food: No

Local cuisine: The cuisine of Cape Verde combines African, Portuguese and Creole influences. Highlights include the National dish called Cachupa, Morreia (fried moray eel), and the sweet dessert called Bol of Cuscus.

Drinks: Grogue (sugar cane rum), Manecome (wine from Fogo), and Strela (beer brewed in Santiago).

Tipping: 10%

Climate and Weather

Annual rainfall: 261 mm

Average temperature: 24°C - 30°C

Summer:

Average in highs: 27°C

Average in lows: 25°C

Winter:

Average in highs: 22°C

Average in lows: 21°C

Best time to visit: Cape Verde is warm and dry year-round, but if you want to make sure to avoid any possibility of rain, visit in summer (which peaks in September) - or, head to the islands in December or January for slightly cooler weather.

Clothing and Dress Recommendations

Spring and Summer

Cool, light, breathable and comfortable: Yes

Lightweight warm clothes: Yes

Winter and Autumn

Jerseys, cardigans, sweaters, jackets: Yes

Heavyweight clothing and boots: No

General

Umbrella and raincoat: No

Warm gloves, hat and scarf: No

Swimming costume (bathing suit): Yes

Hat, sunglasses and sunblock: Yes

Walking shoes: Yes

Casual: Yes

Smart-casual attire: Yes

Internet Availability

Internet cafes: Yes

Accommodation options: Sometimes

Restaurants: Sometimes

Cafes: Sometimes

Shopping malls: No

Public parks: No

Libraries: Sometimes

Electricity and Plug Standards

Plug Type: C / F

Voltage (V): 230

Frequency Hertz (Hz): 50

*Travel plug adapter and voltage converter might be necessary depending on your appliances.
