

Sri Lanka



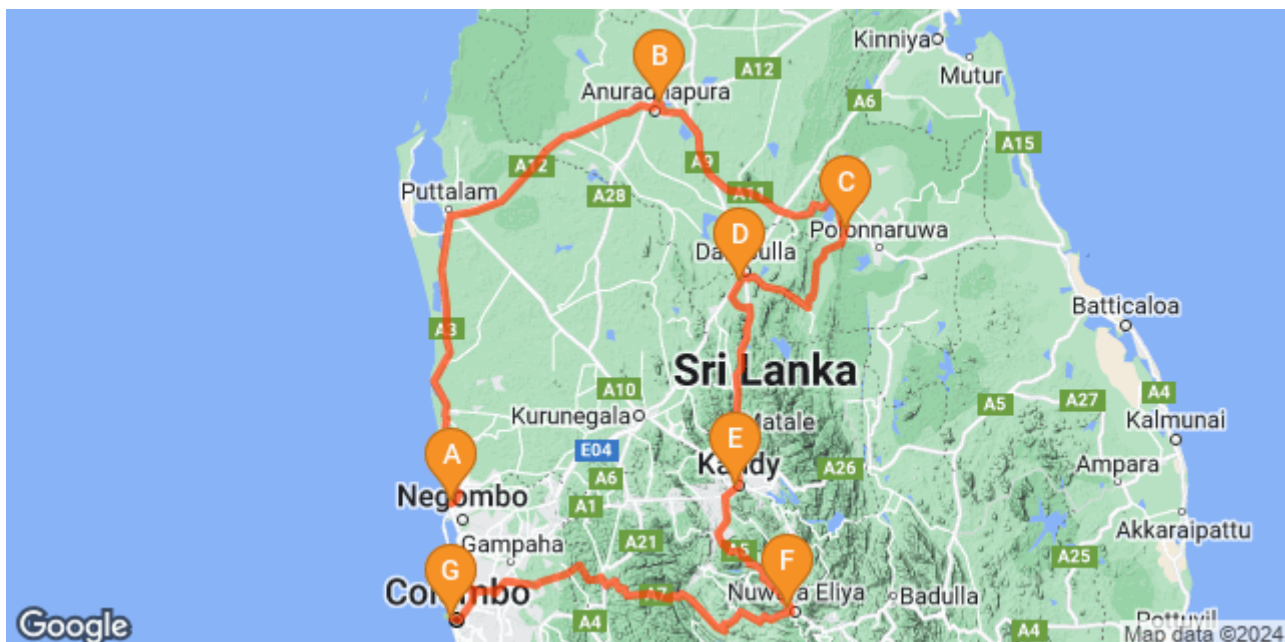
Example Itinerary

Sri Lanka

Negombo - Anuradhapura - Maha Oya - Giritale - Polonnaruwa - Sri Lanka - Dambulla - Sigiriya - Kandy - Nuwara Eliya - Colombo

8 Days / 7 Nights

0 Persons



[Click here to view your Digital Itinerary](#)

Introduction

Accommodation	Destination	Basis	Duration
Goldi Sands Hotel	Negombo	B&B	1 Night
Waasala Leisure Anuradhapura	Anuradhapura	B&B	1 Night
Giritale Hotel	Giritale	B&B	1 Night
Rangiri Dambulla Resort	Dambulla	B&B	1 Night
Hotel Topaz	Kandy	B&B	1 Night
Heaven Seven Hotel Nuwara Eliya	Nuwara Eliya	B&B	1 Night
Fairway Colombo	Colombo	B&B	1 Night

Key

B&B: Bed and Breakfast

Day 1: Goldi Sands Hotel, Negombo



Negombo

This bustling, fishing town on the west coast of Sri Lanka (and close to the Bandaranaike International Airport), had a rather turbulent colonial history involving the Dutch, Portuguese and British due to the cinnamon trade. In fact, the wild cinnamon that grew in the region was described as ‘the very best in the universe as well as the most abundant’. The remnants of this colonial period remain with the strong Catholic Church influence in the town. The Negombo Lagoon and the many canals offer superb birdwatching, the town’s Old Quarter is worth a visit, and the community is friendly and welcoming.

Day Itinerary

Arrival and welcome by a representative of Lanka Sportreizen and transfer to Hotel in Negombo – Little Rome

Negombo - Being one of the major tourist beach resorts of the island, this lively town is mainly inhabited by the fisher-folk. This is also one of the strongholds of the catholic community of Sri Lanka and quiet correctly considered as the “Little Rome”, located along the picturesque Negombo Lagoon, along which hundreds of fishing boats and

catamarans could be seen most of the time. The Town is dotted with several churches, some dating from the earliest colonial times. Sightseeing in Negombo includes the remains of the Old Dutch Fortress from 1678, the Dutch Canal constructed for the transportation of Cinnamon, St. Mary's Church and the Old Dutch Cemetery, and naturally, the Negombo Fish Market –more famously known as the “Lellama”.

Undertake a City Tour of Negombo including a Fishing Village, Old Dutch Fortress from 1678 converted to a prison, the Hamilton Canal which was originally built by the Dutch for the transportation of Cinnamon; St. Mary's Church , the Old Dutch Cemetery and naturally the Negombo Fish Market.

Overnight stay and dinner at the Goldi Sands Hotel, Negombo or similar

Overnight: Goldi Sands Hotel

Goldi Sands Hotel is situated on Negombo Beach, just 15 minutes from Bandaranaike International Airport. The hotel boasts 131 air-conditioned units divided into Junior Suites, Duplex Suites, Deluxe Sea View Rooms, Sea View Standard Rooms and Economy Rooms. All rooms are elegantly decorated and equipped with telephones, piped music, mini refrigerators, electronic safes, hair dryers, tea and coffee-making facilities and en-suite bathrooms with hot and cold water. The hotel is renowned for excellent seafood bought straight from the fishing boats in the vicinity of the hotel. Guests can choose from a wide list of mouthwatering seafood delicacies prepared on-site by experienced chefs.



Activities

Negombo

Negombo Dutch Fort

Negombo

This bustling, fishing town on the west coast of Sri Lanka (and close to the Bandaranaike International Airport), had a rather turbulent colonial history involving the Dutch, Portuguese and British due to the cinnamon trade. In fact, the wild cinnamon that grew in the region was described as ‘the very best in the universe as well as the most abundant’. The remnants of this colonial period remain with the strong Catholic Church influence in the town. The Negombo Lagoon and the many canals offer superb birdwatching, the town's Old Quarter is worth a visit, and the community is friendly and welcoming.



Negombo Dutch Fort

Negombo Dutch Fort is situated in Negombo, Sri Lanka. The fort was built by the Portuguese in order to defend Colombo, however in 1672 the Dutch captured the fort and rebuilt it into a pentagonal form. Today, the fort is used as a prison, and all that remains of the fort is a section of the eastern rampart, and a recessed arched gateway.

Basis

Bed and Breakfast

Day 2: Waasala Leisure Anuradhapura, Anuradhapura



Anuradhapura

The capital of Sri Lanka's North Central Province, Anuradhapura is an impressive major city set on the banks of the Malvathu River. This is an important heritage area, recognised by UNESCO. The city developed around the sacred, third-century 'tree of enlightenment, Sri Maha Bodhi, said to be the oldest tree on earth, looked after for 2000 years. A massive collection of ancient ruins encompasses monasteries, palaces, and other monuments, and is surrounded by beautiful green jungle. Numerous sites are still used for religious ceremonies today. Must-sees include the massive Abhayagiri Dagoba, ('Hill of Protection'), the stunning Ruvanvelisaya Dagoba, guarded by the statues of 344 elephants; and the Jetavanarama Dagoba, which was, at the time of construction, the third-largest building in the world (after the two pyramids), and was the site of one of the first Buddhist sermons.

Day Itinerary

After early breakfast leave for Anuradhapura - the first Capital - 5th Century BC.

Anuradhapura - The most celebrated of Sri Lanka's ancient ruined cities dating back to the 5th Century BC which formed the foundation for a magnificent civilisation spanning over a few centuries. According to the Mahavamsa -

the great Sinhala Chronicle, this was a model of planning with precincts set aside for different vocations as well as for foreigners. There were separate cemeteries for high and low castes, hostels and hospitals and water supply was assured by the construction of reservoirs. It's greatest treasures are its dagabos constructed of small sun-dried bricks and are hemispherical in shape two of which have been identified by the UNESCO as World Heritage Sites. The reservoirs used for storage of water formed the basis of the hydraulic civilisation which later on spread to the entire island.

En route visit the Elephant Orphanage to see the world's largest herd of domestic Elephants comprising adults and babies including the world's first set of twins who are still being fed by bottle thrice a day.

Elephant Orphanage was established in 1975 as an effort towards education and conservation by way of scientific captive breeding. Located on the banks of the Maha Oya, the Elephant Orphanage provides shelter to house young elephants who find themselves displaced and lost from their natural habitats for various reasons such as environmental changes due to development projects, being abandoned by their parents when they fall into pits and ravines, etc.



When in Anuradhapura, visit the Sacred City Area

Visit many sites of the City of archaeological and historical interest including Isurumuniya - the first temple to be built in the island, Sri Maha Bodhi Tree- with an authenticated history of more than 2300 years which has been planted from a sapling from the original tree under which Buddha attained enlightenment, Ruwanveliseya - the largest stupa in the island, Jethawanaramaya and Abhayagiriya - which in their original form have been matching in size to the Great Pyramids in Giza being the tallest brick buildings in the world and have thus been declared as World Heritage Sites , Twin Ponds, Thuparamaya- the first Stupa to be built in Sri Lanka enshrining the left collar bone of the Buddha, the Samadhi Statue - meditating posture etc

Overnight stay and dinner at the Waasala Reosrt and Spa, Anuradhapura or similar

Overnight: Waasala Leisure Anuradhapura

Waasala Leisure Anuradhapura is a small eco-friendly luxury hotel in Anuradhapura, Sri Lanka. The accommodation promotes a rich Sri Lankan heritage, blending nature with modern facilities. Almost all of the rooms have a special story on the wall related to the nature of the adjoining lands. There are 6 deluxe double rooms, 2 deluxe triple rooms, and 2 suites with a private garden and a Jacuzzi, perfect for honeymooners. The on-site restaurant 'Raja-bojun' offers an extensive menu of East to West, the best of Sri Lankan cuisine, and vegan dishes using certified organic fruit and vegetables grown at the establishment's farm. Light refreshments can be enjoyed at 'Kathikawa', the rooftop bar and café, along with casual fare and a cool breeze.



Activities

Maha Oya

Jaya Sri Maha Bodhi

Thuparamaya



Maha Oya

Situated in the Ampara District of Sri Lanka, the town of Maha Oya is surrounded by lush farmlands and incredible natural beauty. It boasts a rich history and serves as an excellent base from which to experience a variety of adventures into the scenic surrounds. Visitors can look forward to visiting the nearby Maha Oya Hot Springs, home to some of the hottest wells on the island and enjoy a relaxing soak in the balmy waters. Other highlights include an excursion to the Unuwatura Bubula, an ancient temple and monastery, visiting the Rambaken Oya Reservoir and soaking up the spectacular views of the Nuwaragala Mountain and the picture-perfect vistas. Don't miss the

opportunity to enjoy a trip to the nearby Maduru Oya National Park, where visitors can spot an array of Sri Lankan wildlife, including herds of wild elephant roaming the lush plains, while on safari.

Jaya Sri Maha Bodhi

Jaya Sri Maha Bodhi is the world's oldest planted tree located in the Mahamewna temple gardens in Anuradhapura, Sri Lanka. This sacred fig tree was planted in 288 BC and is the site where Lord Buddha achieved enlightenment. It is visited by many tourists and locals as it is a popular site for Buddhist devotees. The grounds around the tree are beautifully decorated with prayer flags, but the tree itself is being protected by other fig trees.



Thuparamaya

Located in the sacred area of Mahamewna Park, the Thuparamaya is the first Buddhist temple in Sri Lanka. The temple was constructed by King Devanampiya Tissa and is said to enshrine the right collarbone of the Buddha. The temple is paved with granite and features a bell-shaped stupa that is surrounded by slender stone pillars which still holds the lotus-shaped crown. A pair of beautiful guard stones adorn the stupa at the entrance, and a vatadage was built around the Thuparamaya. There is also an ancient well made of granite blocks, and on the opposite side of the walkway to the stupa, visitors will find a smaller stupa called the Padalanchana Stupa.

Basis

Bed and Breakfast

Day 3: Giritale Hotel, Giritale



Giritale

The meeting place of dense forests, Buddhist monuments, elephants and expansive lakes, Giritale offers much for the intrepid traveller to enjoy. Wildlife lovers can head to Minneriya-Giritale Sanctuary, which offers fantastic elephant viewing opportunities and an abundance of endemic birdlife in a beautiful natural environment. Visitors to the ancient 11th century city of Polonnaruwa will be astounded by one of the most sacred monuments in Sri Lanka, the Gal Vihara. Enormous Buddha figures have been carved from stone in three different positions, one standing, one sitting and one reclining.

Day Itinerary

After breakfast leave for Polonnaruwa- the Medieval Capital of Sri Lanka- 11th Century AD

Polonnaruwa the island's Medieval Capital (11th – 13th Centuries AD) which rose to fame after the decline of Anuradhapura.. The city was fortified with three concentric walls, beautified with parks and gardens and sanctified by many shrines. A unique Irrigation complex watered the city as well as the surrounding plains helping in agriculture which made the island "the Grainery of the East" . The largest of the man made reservoirs, the huge Parakrama Samudra (the Sea of Parakrama), is larger in size than the Colombo Harbour. Polonnaruwa is home to two magnificent World Heritage Sites and numerous other sites of archaeological and historical interest, some of which depict the influence that Hinduism had on the Buddhist Civilisation during that period of history.

In Polonnaruwa, visit the many sites of archaeological and historical interest in the Sacred City including the Grate Statue, Quadrangle, Royal Palace, Vatadage, Hatadage, Siva Devalaya, Gal Viharaya, Alahana Pirivena Complex, Kumara and Lotus Ponds, Thuparamaya , Rankoth Vehera, Pabalu Vehera , Thiwanka Image House , The Museum etc some of which depict the influence that Hinduism had on the Buddhist Civilisation during that period of history.

Hop into a Wood Carving Factory to see the skills of Sri Lankan Craftsmen

In the afternoon undertake a Jeep Safari of the Minneriya National Park famous for its many large herds of wild elephants

Minneriya - it is situated around the reservoir of the same name in the south-central area of the island. This park comprises of grasslands, thorny scrubs and many valuable species of trees. Large herds of elephants, species of deer, wild boar, water buffalo and jackals are some of the wild animals found, along with a variety of avifauna that abounds the park. This has become synonymous with the annual "Elephant Gathering" taking place in the later part of each year.

Overnight stay and dinner at the Giritale Hotel, Giritale or similar

Overnight: Giritale Hotel

Giritale Hotel is a hotel located in the ancient city of Polonnaruwa, Sri Lanka, and has a beautiful view overlooking Giritale Lake. Designed to ensure a memorable stay, this hotel offers an excellent range of rooms and suites, all a haven of relaxation with modern amenities, including a private bathroom, a TV set, tea/coffee making facilities, and air-conditioning. The hotel also features an outdoor pool and a restaurant serving a vast selection of authentic Sri Lankan cuisine.

Activities

Polonnaruwa

Medirigiriya Vatadage

Minneriya National Park



Polonnaruwa

In the North Central Province of Sri Lanka lies the extraordinary ancient city of Polonnaruwa. The city is comprised of two distinct parts: the New Town area, known as Kaduruwela; and the royal ancient city of the Kingdom of Polonnaruwa, the second oldest of Sri Lanka's ancient kingdoms. This rich archeological treasure trove contains countless fascinating ruins all conveniently grouped into one compact and easily accessible tourist site. Don't miss the Minneriya and Kaudulla national parks where you can spot Sri Lanka's legendary elephants and an abundance of exotic wildlife; and the Dalada Maluwa which is home to the Tooth Relic and some of the country's most impressively ornate buildings.



Medirigiriya Vatadage

Medirigiriya Vatadage is a Buddhist structure situated in Medirigiriya, Sri Lanka, and dates back to the Anuradhapura Era. The site features multiple pillars, statues, and stone carvings which tell a story about the history of the site.

Minneriya National Park

Located in Rambawilla, Sri Lanka, Minneriya National Park was established in 1997 to protect the Minneriya tank as well as the surrounding wildlife. The tank has historical significance as it was constructed by King Mahasen centuries ago. On top of being a feeding ground for the elephants of Matala, Polonnaruwa, and Trincomalee, this park is also vital for migrating birds.

Basis

Bed and Breakfast

Day 4: Rangiri Dambulla Resort, Dambulla

**Dambulla**

Situated in the Central Province's Matale District, of Sri Lanka, Dambulla is a large town famous for its 2000-year-old rock cave temple known as 'Dambulla Cave temple' (or 'Golden Temple of Dambulla'). This UNESCO World Heritage Site is said to be the largest and best-preserved cave temple complex in Sri Lanka, encompassing numerous caves filled with a collection of religious statues and colourful murals. The surrounding area boasts the most extensive rose quartz mountain range in South Asia. Don't miss the opportunity to visit the Ibbankatuwa Ancient Burial Site - a significant and fascinating archaeological site.

Day Itinerary

After breakfast leave for Sigiriya

Sigiriya - a Royal Citadel for 20 years in the 5th Century AD - stark and forbidding, haunted by an epic story of murder and betrayal is attributed to King Kasyapa who found hiding here after killing his father more fruitful than meeting the wrath of the people who loved King Dhatusena much more before meeting his rival - Prince Mugalan who had fled to India seeking reinforcements of his Army. This unique Rock Fortress or "castle in the sky" - a massive monolith of red stone that rises 600ft above ground, derived the name "Lion Rock" as the entrance to the climb to the summit is reached between the paws of a lion .

Climb the Rock Fortress of Sigiriya, a Royal Citadel for 20 years in the 5th Century AD built by King Kasyapa, contemporary with the paintings of Ajantha and Ellora Caves in India, highlights being the Frescoes , Mirror Wall and the Lion's Paw, considered as the 8th Wonder of the modern world , thought to be equivalent to the "Alakamanda" - Celestial Palace of God Kuvera.

Visit Dambulla Cave Temple considered to be the largest painted caves in the world with more than 22,000 sq ft of painted surfaces with many paintings, sculptures, statues of Lord Buddha, his disciples, Kings, Gods etc.

Dambulla -. a collection of five caves of different sizes full of paintings, sculptures, statues of Lord Buddha, his disciples, Kings, Gods etc. considered to be the largest painted caves in the world with more than 22,000 sq ft of painted surfaces declared a World Heritage Site. Initial authorship is attributed to King Valagambahu who took refuge here after being driven out of Anuradhapura by invading armies, although the works span over all periods since then to the late Kandy Period in the 18th Century

Take time to stroll round in the Dambulla City which is an important hub where the Economic Centre which is one of the biggest in the island where all types of commodities including fruits, vegetables, Grains, Yams etc. from all around the island are traded both wholesale and retail and also in the area along the Colombo Road lining numerous Trade Stalls

Overnight stay and dinner at the Rangiri Dambulla Resort, Dambulla or similar

Overnight: Rangiri Dambulla Resort

The fertile land around the resort is cultivated with fruits and vegetables bringing a unique product to the visitors. Conveniently located within the cultural triangle of ancient Sri Lanka, the best place to spend in tranquility is our fully refurbished 'Rangiri Dambulla Resort', situated in the shadows of the famous Dambulla Cave Temple built by King ValagamBahu. In just a few minutes from our exquisite natural setting you can visit the world renowned Sigiriya Rock Fortress which is a UNESCO listed World Heritage Site or visit other magnificent historical cities of Polonnaruwa (65 km) and Anuradhapura (72 km). Immediate Accommodation comprises of 6 Luxury Chalets and 10 Luxury Swiss Cottage Tents, which all are air conditioned, with guest amenities.



Activities

Sigiriya
Dambulla
Dambulla Cave Temple
Sigiriya Fresco Cave



Sigiriya

Situated in the northern Matale District of Sri Lanka, the small village of Sigiriya is best known for its proximity to the magnificent Sigiriya 'Lion Rock'. The village offers some comfortable accommodations and a variety of restaurants for visitors to enjoy when stopping over to view the famous rock. This ancient rock fortress rises abruptly from the lush landscape and reaches over 200 metres in height. Crowning this massive outcrop are the ruins of an ancient civilisation, which are considered one of the best-preserved examples of ancient urban planning and have been listed as a UNESCO World Heritage Site. Visitors can walk through the lily-dotted moats, lush gardens and cave shrines, through the grand lion-paw entrance, and climb the series of steep staircases passing beautiful murals painted on the sheer rock walls, and enjoy exploring the ruins and soaking up spectacular views of the surrounds.



Sigiriya Fresco Cave

Located in the Cobra Hood Cave, the Sigiriya Fresco Cave features intriguing and colourful fresco art. The paintings are estimated to be over 1500 years old and depict images of women of the royal court performing various activities. During the reign of King Kashyapa, there were many frescoes painted on the wall, but due to the tropical climate of the area, only 19 of the paintings survived.

Dambulla

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Dambulla Cave Temple

Dambulla cave temple also known as the Golden Temple of Dambulla is a World Heritage Site (1991) in Sri Lanka, situated in the central part of the country. This site is situated 148 km east of Colombo and 72 km north of Kandy. It is the largest and best-preserved cave temple complex in Sri Lanka. The rock towers 160 m over the surrounding plains. There are more than 80 documented caves in the surrounding area. Major attractions are spread over 5 caves, which contain statues and paintings. These paintings and statues are related to Lord Buddha and his life. There total of 153 Buddha statues, 3 statues of Sri Lankan kings and 4 statues of gods and goddesses. The latter include two statues of Hindu gods, the god Vishnu and the god Ganesh. The murals cover an area of 2,100 square metres. Depictions on the walls of the caves include the temptation by the demon Mara, and Buddha's first sermon.

Prehistoric Sri Lankans would have lived in these cave complexes before the arrival of Buddhism in Sri Lanka as there are burial sites with human skeletons about 2700 years old in this area, at Ibbankatuwa near the Dambulla cave complexes.



Basis

Bed and Breakfast

Day 5: Hotel Topaz, Kandy



Kandy

The second major city in Sri Lanka (the other being Colombo) lies at the centre of the Kandy Plateau, an area of beautiful tropical tea plantations. A magnificent must-see feature of the area is Kandy Lake, to the north of which lies the golden-roofed Temple of The Tooth (a UNESCO World Heritage Site and important place for Buddhist worship, as it is said to house a tooth relic of Buddha). Other fascinating places to visit include the Ceylon Tea Museum, the Buddhist Publication Society, the Ayurvedic centre in the Amaya Hills nearby, the Kandyan Art Association and Cultural Centre, where craftspeople can be seen at work, and the Kandy Muslim Hotel, which offers the finest spiced curries served with naan or Rotis.

Day Itinerary

After breakfast leave for Kandy - the Hill Capital.

Kandy -literally the "City on the Hills" so named as it was protected by nature - water, rocks and jungles. The last capital of the Sri Lankan kings before falling to the British in 1815AD which is a World Heritage Site. The name Kandy conjures vision of splendour of magnificence. Many of the legends, traditions and folklore are still lovingly kept alive. The centre of attraction is the golden roofed Temple of the Tooth Relic of Lord Buddha. The Kandy Lake built by the last King Sri Wickramarajasinghe in 1806 holds a prominent view of the city. It is a city for arts and crafts as well culture and history

Walk into a Spice city and take part in a conducted tour to get some knowledge about the growth and use of spices in the day-to-day life. In this garden you will find all Spices that grow in Sri Lanka including Cinnamon, Cardamom, Pepper, Nutmeg, Vanilla in the form of trees, plants, creepers. Visitors will be taken round by a competent person explaining each species' name, identity, growth, use in food/medicinal/curative values. All products are displayed in a shop from which those interested could buy them although it is not mandatory to do so as this will mainly be a technical visit for educative purposes.

In a Batik Making Factory, see how beautifully the village girls turn out beautiful coloured cloths for different purposes with colourful designs.

En route visit the famous Muthu Mariamman Hindu Temple in Matale

In Kandy, undertake a City Tour including the Upper Lake Drive - a place where one could have a bird's eye view of the city below, the Royal Botanical Gardens - one of the best of its kind in Asia with more than 5000 species of different varieties of flora which incidentally was the Headquarters of Lord Louise Mountbatten - the Supreme Commander of the Allied Forces during the 2nd World War, a Gem Museum - to see how the valuable gems that you see on a shop shelf are turned out from a raw stone with the back ground history.

In the evening watch a Cultural Performance by traditional Kandyan Dancers and Drummers including devotional "Fire Walking" and walk across in the star lit night to the Temple of the Sacred Tooth Relic of Buddha - by far the most important place of worship for Buddhists world over.

Overnight stay and dinner at the Topaz Hotel, Kandy or similar

Overnight: Hotel Topaz

Situated on the highest point of Sri Lanka's hill capital, Hotel Topaz is an enchanting Kandy city hotel that offers luxury and seclusion in the regal city of Kandy. The property's 75 rooms are each tastefully decorated with contemporary Sri Lankan touches that truly highlight the culturally rich city in which the hotel is situated. The private balconies give each room its own picture-postcard view of the magnificent scenic hill country resplendent in colour, life and vitality. Facilities and services available to guests include two restaurants, a fully equipped spa, and free transfers to the city of Kandy.



Activities

Kandy

Kandy

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Basis

Bed and Breakfast

Day 6: Heaven Seven Hotel Nuwara Eliya, Nuwara Eliya



Nuwara Eliya

Nuwara Eliya is a beautiful mountain station town in the Central Province of Sri Lanka. Sometimes referred to as 'Little England', the city is well-kept and features British-style red-brick walls, mock-Tudor half-timbering, and a very English country club. The surrounding areas offer breathtaking views of valleys, meadows, mountains, and greenery, and most importantly a wonderful break from the heat and humidity of the coast. Tea Estates, waterfalls, and mountains complete the picture. Visitors can take guided tours of the tea plantations, meander through the roses, take the picturesque path to the 'Lovers' Leap' waterfall, and walk through orchids and giant cypresses at the Hakgala Gardens. Other highlights include the Seetha Amman and Nuwara Eliya Buddhist Temples, and the Galway's Land National Park.

Day Itinerary

After breakfast leave for Nuwara Eliya - "Little England" through the Ramboda Pass surrounded by "Green Carpets"- hills covered with Tea and cascading Water Falls amidst breathtakingly beautiful landscapes

Nuwara Eliya - nestled in a wooded basin at the foot of Mount Pidurutalagala Sri Lanka's highest peak, this region at 6,183ft above sea-level Has a cool, crisp climate unknown elsewhere in Sri Lanka. A serene retreat from the hustle and bustle of Colombo, the town seems like a piece of the English Lake District. Unusual plants, birds and animals thrive here besides natural features like waterfalls and caves. Tea, the glistening green leaves of this lovely shrub, along with neat rows of green, cloak ridges and valleys providing a lasting impression of Sri Lanka's Hill Country. The golf course – one of the finest and most picturesque in Asia – the serene Anglican Church of the Holy Trinity, beautiful parks and well-kept lawns and hedges give the place an air of nostalgia.

En route visit a Tea Factory and a Plantation to witness the manufacturing process of world famous "Ceylon Tea" and to taste a pure unblended cup of factory fresh tea before being sent to the Tea Auctions in Colombo leading to Export.

Evening is free for walks /tour around the city - the important places being Victoria Park, Gregory Lake, Golf Course, Market

Nature Lovers could make a visit to see the Lover's Leap Water Falls just outside the city which will involve a little bit of hiking for about 1 hour both ways.

Overnight stay and dinner at the Heaven Seven Hotel, Nuwara Eliya or similar

Overnight: Heaven Seven Hotel Nuwara Eliya

Heaven Seven Hotel Nuwara Eliya is located in Nuwara Eliya, Sri Lanka and is within walking distance from Single Tree Mountain and Nanu Oya Railway Station. Accommodation at the hotel features rooms with panoramic mountain views equipped with a dining area, flat-screen TV, and an attached bathroom. Guests will have Wi-Fi throughout the property and enjoy traditional Sri Lankan cuisine at the on-site restaurant. Additional facilities include free parking, a bar, and a barbeque area.



Activities

Nuwara Eliya

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Basis

Bed and Breakfast

Day 7: Fairway Colombo, Colombo



Colombo

Colombo, a commercial and tourist hub on the west coast of Sri Lanka. The vibrant canal city boasts golden beaches and a photogenic promenade, gorgeous temples, and chic restaurants among impressive skyscrapers. Must-see attractions include the grand and atmospheric Asokaramaya Buddhist Temple, and Hindu Sri Ponnambalam Vanesar Kovil, known for its exquisite interiors. A historic Dutch quarter beckons to be explored - the Dutch Hospital and Dutch Period museum are quite fascinating, and the artisan colonnaded craft stores lend a special air to the area. Nature lovers will enjoy walking through the beautiful Talangama Wetland which fringes the city or taking a short break from the city bustle in the Viharamahadevi Park, known for its delightful flowering trees and local snake charmers.

Day Itinerary

After breakfast leave for Colombo – Commercial Capital via Hatton

Colombo -is a fascinating city, not only for its comfortable blend of East and West, but also for its easy mixture of the past and the present, It's the Commercial Capital of the country, and is only 35 km south of the country's only International Airport. Many attractions, opportunities for shopping, availability of tasting a multitude of cuisine etc. makes it an interesting city

Enjoy the breathtakingly beautiful natural landscapes on this mountainous route passing the Waterfalls – Devon and St. Claires

Break journey at the location of David Lean's award-winning film "Bridge on the River Kwai" at Kitulgala – you might come across the "Jungle Boy"

In Colombo, undertake a City Tour of Colombo including a Buddhist Temple, Dutch Wolvendhal Church, a Hindu Temple, Town Hall, BMICH (Bandaranaike Memorial International Conference Hall) , Cinnamon Gardens - Prime residential area, the Nelum Pokuna – the newly opened Performing Arts Theatre , the Lotus Tower – claimed to be the tallest in South Asia , the New Parliament Area and shopping etc.

Overnight stay and dinner at the Fairway Hotel, Colombo or similar

Overnight: Fairway Colombo

Located at the heart of Sri Lanka's business capital, Fairway Colombo is a vibrant, trendy hotel which blends great design and the latest technology, and it's situated near the iconic World Trade Center and the popular Dutch Hospital shopping complex. Fairway Colombo offers stylish rooms and suites equipped with Wi-Fi, TVs, mini-fridges,

telephones, safety lockers and complimentary tea/coffee making facilities. The hotel also offers a rooftop bar and bistro, a food arcade, a coffee shop and a gym.



Basis

Bed and Breakfast

Day 8: End of Itinerary

Basis

Bed and Breakfast

Travel Information



Lying between the more explored parts of India and Southeast Asia, Sri Lanka's history, culture, and natural beauty make it an undeniably alluring destination. A historian's playground, Sri Lanka has a history that dates back 3000 years and is one of a few places offering as many as eight UNESCO World Heritage sites, including the world-renowned Dambulla Royal Cave Temple and Golden Temple. Like its massive neighbour India, Sri Lanka is a diverse country, home to many religions, ethnicities and languages. Its size, however, means that visitors can spend time meditating in a 2000-year-old temple in the morning, touring the sacred home of the world's oldest living human-planted tree in the afternoon and savouring mouth-watering local rice and curry dishes for dinner. It is also still blessed with various wildlife that has survived on this small island for centuries alongside this human civilisation, including the mighty Sri Lankan Elephant. A true gem, Sri Lanka has something for everyone - from the modern city of Colombo with its skyscrapers to national parks teeming with elephants and miles of pristine beaches that offer epic surf.

Local cuisine:

Sri Lankan cuisine is known for its aromatic spices, vibrant flavors, and rich variety. Rice and curry are staples, often accompanied by dishes like dhal (lentil curry), sambol (coconut relish), and hoppers (pancakes). Notable local drinks include king coconut water, arrack (coconut spirit), and Ceylon tea.

Tipping: 10%

Climate and Weather

Annual rainfall: 2000 - 3000 mm

Average temperature: 27°C

Summer:

Average highs: 31°C

Average lows: 25°C

Winter:

Average highs: 29°C

Average lows: 23°C

Best time to visit:

The best time to visit Sri Lanka is from December to March, during the dry season, when the weather is generally sunny and pleasant.

Clothing and Dress Recommendations

Spring and Summer

Cool, light, breathable and comfortable: Yes

Lightweight warm clothes: No

Winter and Autumn

Jerseys, cardigans, sweaters, jackets: Recommended

Heavyweight clothing and boots: No

General

Umbrella and raincoat: Yes

Warm gloves, hat and scarf: No

Swimming costume (bathing suit): Yes

Hat, sunglasses and sunblock: Yes

Walking shoes: Yes

Casual: Yes

Smart-casual attire: Yes

Internet Availability

Internet cafes: Yes

Accommodation options: Yes

Restaurants: Yes

Cafes: Yes

Shopping malls: Yes

Public parks: Yes

Libraries: Yes

Electricity and Plug Standards

Plug Type: Type D, Type G

Voltage (V): 230V

Frequency Hertz (Hz): 50Hz

Travel plug adapter and voltage converter might be necessary depending on your appliances.
